

September

Recreational Newsletter

NEW Open Studio!



Who: Any area dancers

What: Use of studio space to practice dances, movements or technique.

Where: North Crest Kids Activity Center
1009 Industrial Dr S, Sauk Rapids, MN

When: The 3rd Sunday of each month,
October 15th-April 21st

*See website for full list of dates.

How Much: \$5 for members, \$8 for non-members

A signed waiver is required to participate in this event.

NEW Sweet Peas Open Gym!



Who: Any area preschoolers 1-6 years (adults 16+ are required to accompany children under 6).

What: Free use of Sweet Peas and Big Gym to explore movement, practice skills and burn off excess energy!

Where: North Crest Kids Activity Center
1009 Industrial Dr S, Sauk Rapids, MN

When: Sundays from 2:10-4:10pm
Sept 17th-May 19th

*See website for closed dates.

How Much: \$8 for members, \$10 for non-members

A signed waiver is required to participate in this event.

Handbooks



RECREATIONAL GYMNASTICS HANDBOOK 2023-2024

Each season we offer our families Handbooks with all of the information that they need for both dance and gymnastics. Whether you've joined us season after season or this is your first, we encourage you to read these packets to get information about every aspect of our programming during the school year!!

These handbooks can be found on our website under the "Handouts" tab at the top of the homepage. Please inquire at our front desk if you would like a printed copy. All athletes will receive a printed copy of the "School Year Important Dates" during their first week of classes!

Have questions regarding something in this packet? We'd love to hear them! Email us at office@northcrestkids.com so we can address your question in a timely manner. Who knows, maybe it'll end up in our welcome packet next year.

Reminders

Absence Policy: We always appreciate emails when your athlete isn't going to be joining us for class, but please remember; If you would like to claim your open gym/studio pass for absence(s), we must know ahead of time. This ensures that your pass is ready for you at the front desk prior to your absence. Email office@northcrestkids.com or stop by our front desk with any upcoming absences.

Open Gym: Experienced Open Gym runs Sundays 12:00am-2:00pm and Family Open Gym runs Sundays 2:10pm-4:10pm. All dates are on our website under the 'Open Gym' tab. Open gym is a time for athletes to explore the gym and spend time having fun and practicing skills for class. Our staff are there to supervise and make sure that athletes are making safe choices. This is not a time to learn new skills but to perfect old ones.

Open Studio: Open studio is open to all area dancers and is held on the 3rd Sunday of the month running October-April. All dates are on our website under the 'Open Gym' tab. Open studio is a time for athletes to practice skills and dances for class. Our staff are there to supervise and make sure that athletes are making safe choices and sharing the space. This is not a time to learn new skills, but to perfect old ones.

Upcoming Dates

***See website for more info.**

September 11th: First day of School Session Classes

September 15th: October tuition due

September 17th: First School Open Gym

***Visit our website for more details**

Sept. 29th-Oct. 1st: Spirit of the North

North Crest Hosted Gymnastics Meet
@ River's Edge Convention Center

See Facebook for more info.

October 14th: First School PNO; 4:30-9:00 pm

***Visit our website for more details**

October 19th: MEA; Classes remain in session

October 21st: NC's Trunk-or-Treat & Open Gym
1:00-3:00 pm

October 22nd: No Open Gym

October 31st: Halloween; No Recreational Classes

November 10th: Final day to turn in Winter
performance package

***See dance handbook for more info**

November 11th: PNO; 4:30-9:00 pm

***Visit our website for more details**

November 22nd-24th: Thanksgiving Break;
North Crest Closed

November 24th: Shop 'til You Drop a specialty PNO;
4:30-9:00 pm

***Visit our website for more details**

November 26th: Thanksgiving Break; No Open Gym

December 9th: PNO; 4:30-9:00 pm

***Visit our website for more details**

December 15th: Winter performance rehearsal for
registered recreational dancers
5:00 pm @ North Crest

***See dance handbook for more info**