

January



NEWS

Looking ahead

1/9	Winter Dance Performance Rehearsal; 5:00pm @ Paramount
1/10	Winter Dance Performance; @ Paramount Dancers arrive 3:00pm, show at 4:00pm
1/10	Parents Night Out; 4:30-9:00pm -Visit our website for more details!
1/12-1/15	Break after Dance Show; No Dance Classes - gym still in session
1/15	February class tuition due for recreational families
1/16	Friday Flip Day Camp; 7am-5:30pm -Visit our website for more details!
2/14	Parents Night Out; 4:30-9:00pm -Visit our website for more details!
2/15	March class tuition due for recreational families
2/16	Leapin' Leaders Day Camp; 7am-5:30pm -Visit our website for more details!
2/20	Final Day to Turn In Winter Performance Packages
3/2-3/7	Summer 2026 Recommendations handed out in recreational classes
3/13	Summer 2026 registration opens!

Parents Night Out!

Second Saturday of Every Month!

January 10th, 2026

4:30pm-9:00pm

Drop your kids off for 4.5 hours of endless fun and dinner! You can shop, sleep or eat in peace and quiet. Participants must be potty trained to attend.

Visit our website

www.northcrestkids.com/parents-night-out/ for more information or to register the whole family!

Stay in touch

Please allow for 24 hours for a response.



office@northcrestkids.com

North Crest Kids Activity Center
1009 Industrial Drive S
Sauk Rapids, MN 56379



PARENT CORNER

Gymnastics

Term of the Month

Event

Means the specific apparatus a gymnast performs on. Women compete on vault, uneven bars, balance beam, and floor. Men compete on floor, pommel horse, rings, vault, parallel bars, and high bar.

Reminders

- Come in appropriate class wear
- Hair pulled back, no jewelry
- Friday Flip Camp 1/16/26
- Open Gym is on Sunday's!

Save The Date!

Who?: All 3 Pea-5/6 Pea classes and all Boys and Girls big gym classes!

When? 05/16/2026, time TBA

What? Showtime Showdown!

Join us as our gymnasts showcase the skills they have been working hard on all year long! Event open to all family and friends.

Dance

Term of the Month

Stage Makeup

Stage makeup for dance is heavier, more dramatic makeup applied to ensure dancers' facial features (eyes, brows, lips) remain clearly visible and expressive to the audience under bright stage lights that tend to wash faces out. It's designed to be seen from a distance, making features pop to convey emotion and character, serving as an essential part of the costume and performance, unlike subtle everyday makeup.

GYMNASTICS

Looking Ahead...

The last week of recreational gymnastics classes is May 18-23, 2026! To celebrate, our athletes will be doing fun activities throughout their class time!

Registration for summer classes begins March 13th and summer classes resume in June!

Inclement Weather:

We don't follow any specific school district for weather closings.

Watch your email, TeamApp, social media, or www.northcrestkids.com for updates.

Tuition isn't adjusted for weather-related closures, but open gym coupons will be given for missed classes.

Skill of the Month

Cartwheels

The cartwheel builds balance, strength, and coordination. It's a key foundation skill for harder gymnastics moves.

No School Day Camps

Friday Flip: 1/16

Dream Big, Flip High: 1/19

Leapin' Leaders: 2/16

Chill-Out: 3/2 & 3/6

Flip N Freeze: 3/20

Tumble Into Spring: 3/23 & 3/27

Opposite Day Extravaganza: 3/30

Register online at northcrestkids.com/summer-camp-2/

TEAM NC

Stay in touch



Team North Crest Gymnastics
@teamnorthcrest

Upcoming Meets

January 14 - 18

VEGAS CUP

Elite Compulsory, XCEL

Platinum, XCEL Diamond, XCEL

Sapphire & Girl's Optionals

January 24 - 25

TC Invite

Boys Competitive

January 31 - February 1

Twisted Moose

XCEL Gold + & Girl's Optionals

January 31 - February 1

Iceberg

Boys Competitive

CHRISTMASTIME FUN!

Team North Crest recently competed in one of our biggest and most fun meets of the season — Peppermint Twist! We brought nearly our entire women's competitive team, and the athletes had a blast dressing up for the meet (see pics below 😊).

Over the weekend of December 12–14, we traveled to the Minneapolis Convention Center for Bronze, Silver, and Compulsory State. Our gymnasts absolutely rocked it, and we are so proud of everything they accomplished this season!

We also hosted our annual Team North Crest Christmas party, where gymnasts played games and exchanged gifts with their teammates — always a favorite tradition. Coming up next, we're heading to Las Vegas for our upcoming travel meet. Wish us luck!



WILD CHEER

WILD for CHEER!

Our WILD Otters and Coyotes practiced hard through winter break to prepare for their first competition season! If you would like to come support the team please see the listed competition dates, or come join us January 11th for a showcase at North Crest from 5-6pm.

The team and their families gathered to decorate clothespins, a tradition for cheerleaders at competitions to exchange with other teams in a fun playful and sneaky way called - Pinning.



Upcoming Performances

January 18th

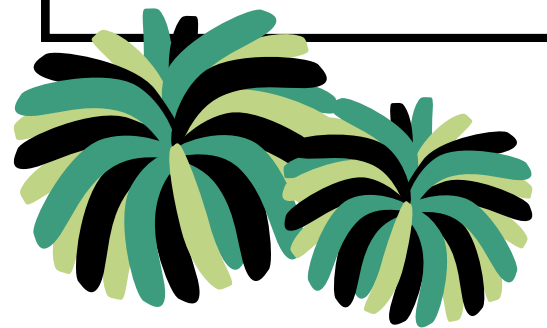
White Bear Lake Cheer Competition
Times TBA

January 25th

Maple Lake Cheer Competition
Times TBA

January 31st

Minnesota Cheerleading Coaches
Association State Competition
@ Roy Wilkins Auditorium
Times TBA



Stay in touch



North Crest WILD Cheer

@northcrestwildcheer

DANCE



This month in class...

Your dancer(s) will return to learning new dance movements, steps and curriculum after the dance recital.

Dancers will have the same curriculum for the last two weeks of January and the month of February.

If you have any questions regarding classes or the schedule this month, please don't hesitate to ask your dancers coach or email dance@northcrestkids.com

Winter Show:

Tickets

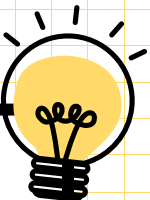
Tickets for the winter dance show are still available at www.paramountarts.org

We recommend purchasing tickets prior to show day as we cannot guarantee ticket availability that close to the show.

Photos/Videos

Photos and videos have a turnaround time of 2-4 weeks. Video flash drives will be handed out during classes when ready. Live action photos will be emailed out when ready.

Don't Forget!



- Dancers should have pink(girls) or black(boys) ballet shoes and Black tap shoes for Ballet/Tap classes and performances.
- Dancers should have black jazz shoes and neutral(& clean) tennis shoes for Jazz/Hip Hop classes and performances.
- Please make sure that your dancer uses the bathroom prior to class and send a labeled water bottle to class!

COMPANY NC

Fall Reflection

Our company dancers have officially wrapped up their high school and college show season! They performed at the College of St. Ben's and Cathedral High School, showcasing the hard work and dedication they've put into their routines. We're so proud of their growth and can't wait to welcome everyone back to the Paramount this weekend for our Winter Show!



Next Performances

January 10th

Dedication & Inspiration @
Paramount Theater
Show time 4:00pm
-Tickets available at
www.paramountarts.org

February 6th

Solo/Duet/Trio Showcase
@ SR-R MS CAC
Show time 6:15pm
-Tickets \$5 cash at the door

Stay in touch



Company NC

@companynorthcrestdance

HAPPY BIRTHDAY!

Help us in wishing these athletes a "Happy Birthday!"

Stop by our front desk the week of your birthday to get a birthday sticker to wear to class!

January 2nd
Caroline S

January 3rd
Ava A
Zaden A
Avery Z

January 4th
Lanie J

January 6th
Hadley T
Aurora W

January 6th
Veronica Q
Ellie R

January 7th
Everly W

January 8th
Aleta D
Penelope R

January 9th
Violet K

January 10th
Isabella D
Danny J

January 11th
Dawn L
Avery W

January 12th
Arlee E

January 13th
Millie P
Marty S
Miles S

January 14th
Olivia A
Lily E

January 15th
Calla B
Madilyn M
Reise M
Savannah S

January 16th
Cassidy K

January 17th
Olivia S

January 18th
Everlee B

January 19th
Parker C

January 20th
Aliyah M
Nina R

January 21st
Adalyn A

January 28th
Claira D
Noveah M

January 29th
Elihu S

January 31st
Chloe F

