

February

NEWS

Looking ahead

2/14	Parents Night Out; 4:30-9:00pm -Visit our website for more details!
2/15	March class tuition due for recreational families
2/15	Open Cheer Practice; ages 5-8 4:00-6:00pm, ages 8+ 5:00-8:00pm
2/20	Final Day to Turn In Spring Performance Packages
2/22	Open Cheer Practice; ages 5-8 4:00-6:00pm, ages 8+ 5:00-8:00pm
3/2-3/7	Summer 2026 Recommendations handed out in recreational classes
3/13	Summer 2026 registration opens!
3/14	Parents Night Out; 4:30-9:00pm -Visit our website for more details!
3/15	April class tuition due for recreational families
3/16-3/21	Recreational Gymnastics picture week -no regularly scheduled gymnastics classes
3/20	Flip N' Freeze Day Camp; 7am-5:30pm -Visit our website for more details!
3/22	NCAA Booster Club Fundraiser; -Times and Info TBA

Summer Class Registration!

Registration for summer classes and summer camps opens on March 13th.

We will be giving class recommendations in the two weeks prior to registration opening as well as recommending kids to try out for our competitive and pre competitive programs. If you are interested in getting more information about these, please reach out to office@northcrestkids.com to be added to our email lists.

Stay in touch

Please allow for 24 hours for a response.



office@northcrestkids.com

North Crest Kids Activity Center
1009 Industrial Drive S
Sauk Rapids, MN 56379



PARENT CORNER

Gymnastics

Term of the Month

All Around

The event in a competition that involves a gymnast competing on all four apparatuses: Scores from all 4 events (vault, bars, beam and floor) are totaled together to create an all around score.

Reminders

- Come in appropriate class wear
- Hair pulled back, no jewelry
- Winter Wonderland Camp 12/29/25
- Open Gym is on Sunday's!

Save The Date!

Who? All 3 Pea-5/6 Pea classes and all Boys and Girls big gym classes!

When? Saturday, May 16, 2026, Session time: dependent on your athlete's practice day!

What? Showtime Showdown!

Join us as our gymnasts showcase the skills they have been working hard on all year long! Event open to all family and friends.

Dance

Term of the Month

Port de bras

French meaning "Carriage of the arms"

Ballet

meant to be a graceful and harmonious arm accent to the movement of the legs

GYMNASTICS

What to Expect this Month...

During the week of February 22nd, your athletes' coaches will evaluate them to assess their skills. and provide class recommendations accordingly.

As a reminder, pre-school classes are age based and will not be evaluated.

Inclement Weather:

We don't follow any specific school district for weather closings.

Watch your email, TeamApp, social media, or www.northcrestkids.com for updates.

Tuition isn't adjusted for weather-related closures, but open gym coupons will be given for missed classes.

Skill of the Month

Bridge

A simple but powerful skill that boosts flexibility and strengthens important muscle groups. It's an essential stepping stone to skills such as back walkovers and back handsprings.

No School Day Camps

Leapin' Leaders: 2/16

Chill-Out: 3/2 & 3/6

Flip N Freeze: 3/20

Tumble Into Spring: 3/23 & 3/27

Opposite Day Extravaganza: 3/30

Register online at northcrestkids.com/summer-camp-2/

TEAM NC

Stay in touch



Team North Crest Gymnastics
@teamnorthcrest

Men's Update

Our competitive boys had a blast last weekend at their first meet of 2026! Many of our boys took home some hardware, and we are looking forward to the rest of what looks to be a great season.



Women's Update

Team North Crest is proud to announce our 2025 State Champions: Eden A, Celia T, Liv G, and Emily G! These athletes demonstrated incredible focus, consistency, and determination throughout the season, and their hard work truly paid off on the state floor.

During the week of January 12, several of our upper-level gymnasts traveled to compete in the Las Vegas Cup. They represented North Crest extremely well with strong performances across all events. A special shoutout goes to Platinum Ava Knowles, who set a gym record with an 9.800 on bars — an amazing accomplishment! Looking ahead, we're excited for our upcoming meet in the Twin Cities, Twisted Moose, which is always a fun and energetic competition. Later this season, we can't wait to host North Crest's very own Wolfpack Meet at the Waite Park Convention Center. It's always a highlight of the year to compete close to home and cheer on our athletes together.



WILD CHEER

WE ARE STATE CHAMPS!

The Coyote's performed at the MCCA state competition this weekend and took 1st place!



The Otter's performed at the MCCA state competition this weekend and took 2nd place!



WE ARE SO PROUD OF BOTH TEAMS!

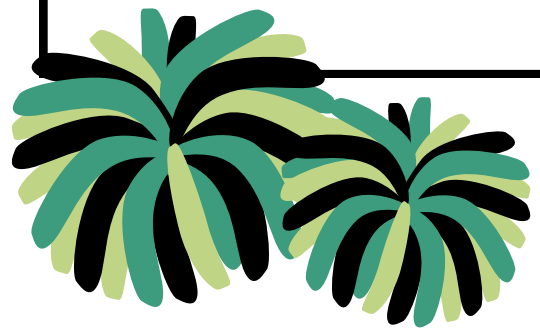
JOIN US!

We are heading into our second year, and we would LOVE to invite your athlete to come see what we're all about!

WILD Cheer Open Practice
Sunday, February 15th Sunday,
February 22nd

WILD Otters (Ages 5-8) 4-6pm
WILD Coyotes (Ages 8-18) 5-8pm

No experience required!
No commitment, come & have fun!



Stay in touch



@northcrestwildcheer



Wild Cheer Booster Club

DANCE



Great Job Dancers!

All of the dancers that participated in the winter recital at the Paramount danced wonderfully! We are so proud of you all!

This month in class...

Your dancer(s) will be learning new movements and sequences to be used in their spring recital dances that they will start working on in March!

Please watch for emails and handouts as we get closer to the deadline for the spring recital packages.

Spring Show:

May 2nd, 2026 1:00pm
CSB- Gorecki Family Theater

The Spring Show is a stage performance available to all dance classes including combo classes!

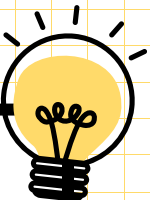
This opportunity is not required, but is highly recommended, as performance is a large part of dance education.

Please keep an eye on emails, handouts and newsletters for further information.

Volunteers

If you would like to volunteer to be backstage with your child's class please email or stop at the front desk so we can add your name to the list.

Don't Forget!



- Spring Show Packages are due February 20th, 2026.
- Spectator ticket information will be sent when available.
- Dancers should have pink(girls) or black(boys) ballet shoes and Black tap shoes for Ballet/Tap classes and performances.
- Dancers should have black jazz shoes and neutral (& clean) tennis shoes for Jazz/Hip Hop classes and performances.

COMPANY NC

Crush Dance Show Recap

Our Company and Pre-Company dancers had an incredibly successful Winter Show performance! 🎉

They've already jumped into learning all-new choreography for our Spring Show—while still cleaning and perfecting their competition routines.

For many of our Company dancers, that means juggling 10+ dances at once... impressive doesn't even cover it!

Our next exciting weekend is February 6, when several of our solo, duet, and trio routines will make their debut at Sauk Rapids-Rice Middle School.

🌟 Winter Show 2025 is officially complete—onward to Competition Season! 🌟



Next Performances

February 6th

Solo/Duet/Trio Showcase

@ SR-R MS CAC

Show time 6:15pm

-Tickets \$5 cash at the door

February 27th-March 1st

Celebration Dance Competition @

Ames Center

March 13th-15th

Applause Talent Dance Competition @

Tedd Mann Concert Hall - U of M

March 13th-15th

GROOVE Dance Competition @

Irondale High School

Stay in touch



Company NC

@companynorthcrestdance

HAPPY BIRTHDAY!

Help us in wishing these athletes a "Happy Birthday!"

Stop by our front desk the week of your birthday to get a birthday sticker to wear to class!

February 2nd
Alivia P
Blake R
Samantha T

February 3rd
Amelia L-C
Lettie P

February 4th
Bennett H
Evie H
Mateo J
Zaya Z

February 5th
Bella B
Hayden E

February 7th
Theodore T

February 8th
Hildie P

February 10th
Elijah T

February 11th
Jackson L
Byron M

February 12th
Clara F
Charlie K

February 13th
Eliana R

February 15th
Vivian B
Lindsey C
Sofia F
Cooper M

February 16th
Ryker H
Jaxon T
Miss Erin

February 17th
Emma C

February 18th
Zoey M
Adele S

February 19th
Ruby S

February 20th
Laelynn B
Adalynn L
Theresa T

February 21st
Finley M
Raiden M
Anna S

February 23rd
Scarlett W

February 24th
Eleanor B
Madison R

February 25th
Jazmyn J
Willow T
Elliott W

February 26th
Lilliana N
Kiera R

February 28th
Asher B
Arya G-K

