

March

NEWS

Looking ahead

3/2-3/7	Summer 2026 Recommendations handed out in recreational classes
3/13	Summer 2026 registration opens!
3/14	Parents Night Out; 4:30-9:00pm -Visit our website for more details!
3/15	April class tuition due for recreational families
3/16-3/21	Recreational Gymnastics picture week -no regularly scheduled gymnastics classes
3/29	NCAA Booster Club Easter Fundraiser
3/30-4/2	Recreational Dance picture week -no regularly scheduled dance classes
4/1	Spring Recital Tickets Go Onsale
4/3-4/5	Easter: North Crest Closed
4/5	No Open Gym
4/11	Last Parents Night Out; 4:30-9:00pm -Visit our website for more details!
4/20-4/25	School Year 26-27 Recommendations handed out in recreational classes

Camp North Crest

Camp North Crest is perfect for families looking for a fun, flexible, and affordable summer option. Designed for school-aged kids, camp runs from 7:00am-5:30pm. Each day is packed with arts & crafts, indoor & outdoor play, reading time, obstacle courses and team-building games. Fridays feature extra time in the Big Gym, and Thursdays often include special field trips. Plus, every Wednesday campers head to the Becker Community Pool for swimming fun!

For more information or to register visit northcrestkids.com/summer-camp-2/

Stay in touch

Please allow for 24 hours for a response.



office@northcrestkids.com

North Crest Kids Activity Center
1009 Industrial Drive S
Sauk Rapids, MN 56379



PARENT CORNER

Gymnastics

Term of the Month

Apparatus

A piece of equipment (i.e. Bars, Beam, Parallel Bars, mat, spring board, etc.) used in gymnastics training or competition.

Reminders

- Gym Pictures March 16th-21st
- Dance Pictures March 31st-April 2nd
- Showtime May 16th!
- Summer Registration opens March 13th!

Summer 2026 Registration

Registration for summer classes and summer camps opens on **March 13th.**

Summer class recommendations are being handed out this week as well as recommending kids to try out for our competitive and pre competitive programs. If you are interested in getting more information about these, please email office@northcrestkids.com to be added to our email lists.

Dance Term of the Month

Facials

the deliberate use of facial expressions and eye contact to convey emotions, tell a story, and connect with the audience.

They are a critical performance element that matches the mood of the music and choreography.

GYMNASTICS

Jackrabbit Portal

Athletes have been evaluated on their current skills. Log into your Jackrabbit account to view their recommended summer class. Click on your athlete's name and open the Skills tab to see what they've mastered and what they're still working on!

NEW SUMMER CLASS!

We are so excited to introduce a brand NEW summer class for your littlest athletes! Join us for our Crawling to Walking Class, designed to support whole-body development through active learning. We'll build core strength, visual tracking, coordination, and social skills—all in a safe, supportive, baby-friendly environment. Spots will fill fast—come grow with us this summer!

Skill of the Month

Handstand

Hands are flat on the floor, shoulder width apart, body is extended and legs are straight. Handstands are an essential skill in all levels of gymnastics!

Summer Gym Camps

Ages 3-6 years: \$40 each

Barnyard Bounce:

*Farm inspired

6/30/26 12:30-3:30pm

Toodles' Tumbling:

*Mickey Mouse Clubhouse inspired

8/26/26 12:30-3:30pm

Ages 6+ years: \$40 each

Minions In Motion:

*Despicable Me/Minions inspired,

bars & floor focused

7/1/26 12:30-3:30pm

Gravity Defiers:

*Wicked inspired, Vault & Beam focus

8/25/26 12:30-3:30pm

Registration available at

www.northcrestkids.com/recreational-gymnastics/

TEAM NC

Stay in touch



@teamnorthcrest



office@northcrestkids.com

Men's Update

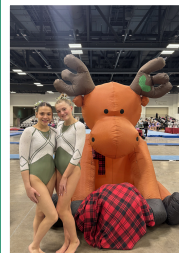


The end of February marks the end of our competitive boys' regular season, with our boys competing in both Milwaukee, WI and St. Paul, MN this last weekend. We are looking forward to all of our boys competing at State in two weeks!



Women's Update

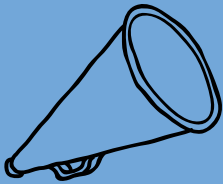
We had a busy and exciting February! We kicked off the month at 'Tropical Twist' where our Gold athletes showed off all their hard work. Shortly after, we headed to 'Twisted Moose' where we continued to see progress, confidence, & some great team energy. We also hosted our home meet, the 'Wolfpack Invite'! Competing at home is always special, and our athletes did an amazing job! Thank you to all families who helped make this meet a success; we couldn't do it without you! Looking ahead, we are excited for 'Northern Lights' where our upper levels will have the opportunity to qualify for Event Finals: such a fun and rewarding experience! And of course, we are gearing up for State. We are proud to share that we have 100% qualification. Every eligible athlete earned their spot, which is an incredible accomplishment. We are so proud of this team and can't wait to finish the season strong!



WILD CHEER

A New Season!

We are entering our SECOND season! Watching this program build from the ground up has been SO fun and we can't wait to see what the next season has to offer!



We welcomed new faces the last two weekends at our Bring a friend Cheer events! It was so fun to see new faces and watch our returning cheerleaders welcome everyone with open arms!

Upcoming Events

March 8th

New/Returning Member skill assessments
-Email cheer@northcrestkids.com for information!

May 2nd

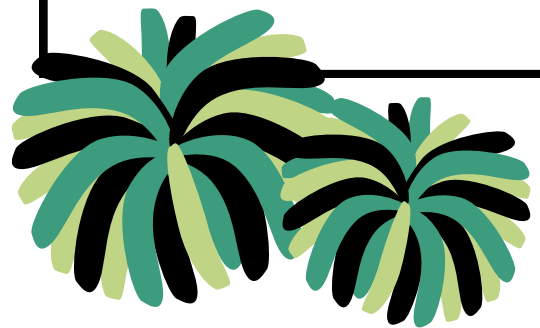
Spring Dance Recital 1:00pm @
College of St Benedicts
Gorecki Family Theatre

May 16th

Showtime Showdown

May 17th

26-27 Season Tryouts
-Email cheer@northcrestkids.com for information!



Stay in touch



@northcrestwildcheer



cheer@northcrestkids.com

DANCE



Upcoming!

This month in class your dancer(s) will learn their two dances for the spring dance show.

Please watch for an email containing the music for dancers that would like to practice at home.

Watch also for an email regarding the upcoming picture week March 31st-April 2nd during the dancer's regularly scheduled class time. There will be no regular dance classes this week.

Summer Dance Camps

Ages 3-6 years

\$40 each

Fancy Like Nancy:
*Fancy Nancy inspired
7/1/26 9:00am-12:00pm

Tails & Twirls:
*Paw Patrol inspired
8/25/26 9:00am-12:00pm

Ages 6+ years

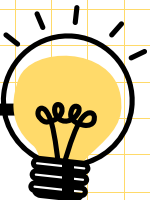
\$40 each

Round Up Rhythm:
*Toy Story inspired
6/30/26 9:00am-12:00pm

Pajamas & Pirouettes:
*Sleepover inspired
8/26/26 9:00am-12:00pm

Registration available at
www.northcrestkids.com/recreational-dance/

Don't Forget!



- Dancers should have pink(girls) or black(boys) ballet shoes and Black tap shoes for Ballet/Tap classes, pictures and performances.
- Dancers should have black jazz shoes and neutral(& clean) tennis shoes for Jazz/Hip Hop classes, pictures and performances.
- Please make sure that your dancer uses the bathroom prior to class and send a labeled water bottle.

COMPANY NC

Celebration Dance Competition!

Our Company dancers are coming off of their first competition of the season at the Ames Center in Burnsville, MN! Thank you to all of those who supported us both in person and by watching online!

Our dancers have dedicated countless hours at rehearsals, working hard to be fully prepared to take the stage with confidence and shine. We enjoyed an exciting weekend filled with incredible performances, team bonding, lots of laughter, fun and creating great memories!

Next Performances

March 13th-15th

Applause Talent Dance Competition @
Tedd Mann Concert Hall - U of M

March 13th-15th

GROOVE Dance Competition @
Irondale High School

May 2nd

Spring Dance Recital 1:00 & 5:00pm @
College of St Benedicts
Gorecki Family Theatre

May 18th

Pre Company Auditions 5:45-7:15pm
North Crest - Studio A

Auditions

Company and Pre Company Auditions are coming up!

Pre-Company Auditions will be held on May 18th from 5:45-7:15 PM in Studio A at North Crest.

Company Auditions will take place May 19th and 21st, also in Studio A.

For more information about auditions, please contact Miss Michaela at company@northcrestkids.com

Stay in touch



@companynorthcrestdance



company@northcrestkids.com

HAPPY BIRTHDAY!

Help us in wishing these athletes a "Happy Birthday!"

Stop by our front desk the week of your birthday to get a birthday sticker to wear to class!

March 1st

Layla A

Bennett H

March 3rd

Sophia H

Brooklyn N

Danica P

November 4th

Autumn H

Holland P

Marcella S

Aurora T

March 5th

Alayna R

Cael S

March 7th

Westley K

Maya L

Blake T

March 8th

Elise R

March 9th

Fallon C

Leila G

Elise M

March 10th

Samiria L

March 11th

Emilyann G

Samuel P

Vada S

March 12th

Alycia M

March 13th

Jayne E

March 14th

Levi A

March 15th

Rhea B

Harper E

Nora G

March 16th

John A

Corbin M

Daphne R

March 17th

Atlee L

Gracie R

March 18th

Kystlynn L

Aubrey R

March 19th

Sophia M

March 21st

Vincent P

Destin R

March 22nd

Andrew E

Azariah G

Patricia H

Raelynn P

Rosalie S

March 23rd

Svea F

Selah K

Ava K

March 24th

Ava F

Evelyn O

Lydia L

Caleb S

March 26th

Olivia S

March 27th

Demi B

Jurzi E-R

Payton L

March 28th

Bailey R

March 29th

Korra F

March 30th

Hailey A

Georgiana G

Lucie H

Kennedy S

Hayden S

Ava S

March 31st

Quinn S

Tessa W

