



NEWS

Looking ahead

5/11	No Open Gym: Mother's Day
5/11-5/15	Last Week of Recreational Dance & Recreational Dance Awards Week
5/15	First charge for Summer classes *only for those registered
5/16	Showtime Showdown
5/17	No Open Gym: Wild Cheer Tryouts
5/18-5/22	Last Week of Recreational Gymnastics
6/1	First Day of Camp North Crest
6/8	First day of Summer Recreational Dance and Gymnastics Classes
6/11	Company Grab, Gulp, Give Aluminum Can Fundraiser: 3-7pm @ North Crest
6/12	First Summer Open Gym: All Athletes 10am-12pm
6/29-7/10	No Recreational Summer Classes
7/3	No Open Gym: 4 th of July

Camp North Crest

Camp North Crest is perfect for families looking for a fun, flexible, and affordable summer option. Designed for school-aged kids, camp runs from 7:00am-5:30pm. Each day is packed with arts & crafts, indoor & outdoor play, reading time, obstacle courses and team-building games. Fridays feature extra time in the Big Gym, and Thursdays often include special field trips. Plus, every Wednesday campers head to the Becker Community Pool for swimming fun!

For more information or to register visit northcrestkids.com/summer-camp-2/

Stay in touch

Please allow 24 hours for a response.



office@northcrestkids.com

North Crest Kids Activity Center
1009 Industrial Drive S
Sauk Rapids, MN 56379



PARENT CORNER

Gymnastics

Term of the Month

Execution

performing a routine with confidence and perfection in form and technique.

Reminders

- HAVE A GREAT SUMMER!
- Summer Camp Starts June 1st.
- Showtime May 16th
- Check the lost & found!

School Year 26-27 Registration

Registration for school year 26-27 classes is OPEN NOW!

We want to thank you for spending this season with us and hope to see you in the future! We recommend registering for classes early to ensure the class that fits best with your busy schedule(s)!

Showtime Showdown

Showtime Showdown is THIS month!

We are so excited for your athletes to showcase everything that they have learned this year. As a reminder there are four sessions and the session your children are in are dependant on their class day and whether they are in Big Gym or Little Gym.

- Session 1: Monday, Tuesday and Saturday Big Gym Classes
- Session 2: Monday, Tuesday and Saturday Mini Gym Classes
- Session 3: Wednesday and Thursday Mini Gym Classes
- Session 4: Wednesday, Thursday and Friday Big Gym Classes

GYMNASTICS

New to Our North

Crest Team!

We have three new faces you may have seen in our Recreational Gymnastics Program. Please say hi if you see them!

Coach Zoey H
Coach Jasmine B
Coach Austyn K

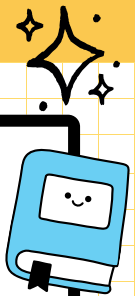
NEW SUMMER CLASS!

We are so excited to introduce a brand NEW summer class for your littlest athletes! Join us for our Crawling to Walking Class, designed to support whole-body development through active learning. We'll build core strength, visual tracking, coordination, and social skills—all in a safe, supportive, baby-friendly environment. Spots will fill fast—come grow with us this summer!

Skill of the Month

Front Support

Any support position where the arms are straight and extended in front of the body



Summer Gym Camps

Ages 3-6 years: \$40 each

Barnyard Bounce:
*Farm inspired
6/30/26 12:30-3:30pm

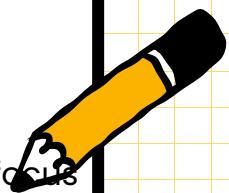
Toodles' Tumbling:
*Mickey Mouse Clubhouse inspired
8/26/26 12:30-3:30pm

Ages 6+ years: \$40 each

Minions In Motion:
*Despicable Me/Minions inspired,
bars & floor focused
7/1/26 12:30-3:30pm

Gravity Defiers:
*Wicked inspired, Vault & Beam focus
8/25/26 12:30-3:30pm

Registration available at
www.northcrestkids.com/recreational-gymnastics/



TEAM NC

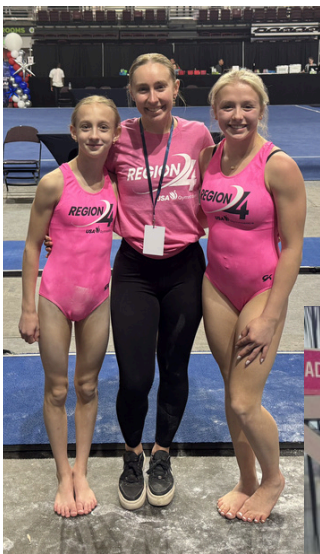
Stay in touch



@teamnorthcrest



office@northcrestkids.com



Team North Crest had an incredible end to the season as we wrapped up Regionals in late March and April and most recently attended Westerns! We began with Men's Regionals in Portland, OR, where Cole Quinlan and Michael Boehmer both delivered strong performances and qualified to Westerns — a huge accomplishment! At Dev. Regionals in Bettendorf, IA, our women's athletes continued to shine. Lacy Posterick earned Level 9 Vault Champion and secured her spot at Westerns, while Kynlee Schmidgall also punched her ticket to Westerns with an outstanding performance of her own! At Xcel Regionals in Sioux City, IA, Lily Engen had a fantastic meet, earning Gold Floor Champion — an awesome highlight and well-earned title!

We then moved into Westerns competition, with athletes competing across the country at the national level. At Men's Westerns in Galveston, TX, our athletes represented North Crest with strength, focus, and pride on a national stage. An exciting finish to the boys season! At Women's Westerns in Boise, ID, Lacy Posterick showed out!! She set new North Crest records on Vault (9.75), Floor (9.425), and All-Around (36.775), and was named Westerns Vault Champion! She also helped Region 4 secure 1st place as a team in the Senior 8 age group and brought home five total medals — an unbelievable performance and one for the record books!

We are beyond proud of every athlete who represented Team North Crest to close out the season. What an incredible finish — the hard work, growth, and results truly speak for themselves!

WILD CHEER

This April, our team dedicated themselves to mastering their routines in preparation for the spring recital. Their hard work and commitment truly showed, and we had an incredible experience performing alongside the dancers on stage at St. Ben's. It was a memorable moment that highlighted both their progress and passion.

As we look ahead, athletes have now received tryout materials to help them prepare for the upcoming tryouts on May 17. We're excited to see everyone continue to grow and showcase their skills.

Interested in joining us for the 2026-2027 season? Registration for tryouts is now open! Sign up today to gain access to all tryout content and start preparing for an amazing season ahead.



Date & Time:
Sunday, May 17th

**Beginner to
Intermediate Skill Level**
11:00am

**Intermediate to
Advanced Skill Level**
12:30pm



Competition Team Try-outs!

North Crest WILD Cheer is looking to fill three competition teams for athletes 14 and under.

Full event Details on Facebook Event, including:

- Scoring Grid
- Preparation Materials
- Registration Link



Stay in touch



@northcrestwildcheer



cheer@northcrestkids.com

Have questions or want more information? Cheer@northcrestkids.com

North Crest Kids Activity Center: 1009 Industrial Drive South, Sauk Rapids, MN 56379



DANCE



Thank you!

Summer Dance Camps

Ages 3-6 years \$40 each

Fancy Like Nancy: *Fancy Nancy inspired
7/1/26 9:00am-12:00pm

Tails & Twirls: *Paw Patrol inspired
8/25/26 9:00am-12:00pm

Ages 6+ years \$40 each

Round Up Rhythm: *Toy Story inspired
6/30/26 9:00am-12:00pm

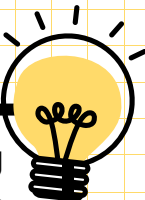
Pajamas & Pirouettes: *Sleepover inspired
8/26/26 9:00am-12:00pm

Registration available at
www.northcrestkids.com/recreational-dance/

**Thank you for
sharing your athlete
and time with us!**

We are so proud of all of our athletes that participated in our spring recital! The show looked amazing and each year we are reminded of the dedication and heart that these young dancers have for the sport!

Don't Forget!



- Your last dance class will take place May 12th through 14th. We will also be handing out dancer awards based on how long your child has been dancing with us at North Crest. This is a tradition we have and bring in the athletes spectators to take pictures and recognize their hard work during their time with us!
- COMBO Dance & Gym Classes are back (you get the same amount of classes as doing separate but at a 25% discount! Be sure to register if you haven't already. Can't find a combo class that works for you? Register for a dance and gymnastics class and receive 15% off both classes!

COMPANY NC

Our Company and Pre-Company dancers wrapped up an incredible 2025–2026 season with their Spring Show, "Words That Move You," held at College of Saint Benedict. The show was filled with laughter, unforgettable performances, and heartfelt moments as we said goodbye to our amazing seniors during their final bows on stage.

Our Company seniors have made such a lasting impact on the North Crest Dance Program. While it's never easy to see them go, we are so excited to watch them step into their next adventures.

To close out the season, both Company and Pre-Company dancers came together for our annual banquet, celebrating with recognition awards, years-of-dance honors, group awards, and meaningful senior speeches. It was a special evening, ending with one last time together watching our end-of-year slideshow and reminiscing on all the memories from this season.

What an unforgettable year—bring on 2026–2027! ✨



Want to Join?!

Company and Pre Company auditions are coming up!

Pre-Company Auditions

will be held on May 18th from 5:45–7:15 PM in Studio A at North Crest. A parent meeting will take place at the same time.

Company Auditions

will take place May 19th and 21st, also in Studio A at North Crest.

For more information about auditions, please contact Miss Michaela at company@northcrestkids.com

Stay in touch



@companynorthcrestdance



company@northcrestkids.com

HAPPY BIRTHDAY!

Help us in wishing these athletes a "Happy Birthday!"

Stop by our front desk the week of your birthday to get a birthday sticker to wear to class!

May 1st

Kynlee W

May 2nd

Eden B

Elliott C

May 3rd

Kysa T

Maggie W

Millie W

May 4th

Tanieya M

Kendyl N

May 5th

Ariel G

Dominic M

May 6th

Grace J

Lola S

May 7th

Jonathan S

May 9th

Evalynne H

Brooklyn H

Everly S

Addison T

May 10th

Bronson G

Olive R

May 11th

Emrie L

May 12th

Ophelia A

Adyleigh H

May 13th

Sawyer E

Kree F

Melina F

May 14th

Lilah L

Delaney S

Swayer S

May 15th

Cecelia A

May 16th

Luna K

Joshua M

Kylie W

May 17th

Ella B

Zella J

May 18th

Ryleigh B

Evelyn S

Alex W

May 19th

Frances G

Paisley K

Henley S

May 21st

Zoey E

Logan H

Remi H

Emmalyn M

Eleanor W

May 22nd

Andee G

Serena J

Josie K

Issabelle M

May 23rd

Madelyn B

Rowen B

Khadija C

Lily E

May 24th

Abby P

Lousia R

May 25th

Adelaide B

Lillia F

Taylor N

Faith O

May 26th

Lindsey A

Amelia H

Abby O

May 28th

Olivia M

Rosalyn A

Adelyn V

May 29th

Lexi A

May 30th

Azalea H

Ian R

May 31st

Amina A

Rylynn W