

# JUNE

# NEWS

## Looking ahead

6/1	First day of Camp North Crest
6/8	First day of Summer Recreational Dance and Gymnastics Classes
6/11	Company Grab, Gulp, Give Aluminum Can Fundraiser: 3-7pm @ North Crest
6/12	First Summer Open Gym: All Athletes 10am-12pm
6/29-7/10	No Recreational Summer Classes
6/30	6+ Year Dance Camp: Round Up Rhythym 9:00am-12:00pm
6/30	3-6 Year Gym Camp: Barnyard Bounce 12:30pm-3:30pm
7/1	3-6 Year Dance Camp: Fancy Like Nancy 9:00am-12:00pm
7/1	6+ Year Gym Camp: Minions In Motion 12:30pm-3:30pm
7/3	No Open Gym: 4 <sup>th</sup> of July
7/10	No Open Gym: Competitive Gymnastics Training Camp
7/16	Company Grab, Gulp, Give Aluminum Can Fundraiser: 3-7pm @ North Crest

## Class Make Ups

Let us know that your athlete will be gone for class and schedule a time to come and take another class!

**Can't make it for another class time?**

You can opt for an open gym coupon instead.

## Stay in touch

Please allow 24 hours for a response.



[office@northcrestkids.com](mailto:office@northcrestkids.com)

North Crest Kids Activity Center  
1009 Industrial Drive S  
Sauk Rapids, MN 56379



# PARENT CORNER

## Gymnastics

### Term of the Month

#### Composition

The structure of a gymnastics routine.

## Reminders

- Bring a labeled water bottle! \_\_\_\_\_
- Open gym is on Fridays: 10am-12pm \_\_\_\_\_
- Review gym and studio rules \_\_\_\_\_
- ... \_\_\_\_\_

## School Year 26-27

**Registration for school year 26-27 classes is OPEN NOW!**

We want to thank you for spending this season with us and hope to see you in the future! We recommend registering for classes early to ensure the class that fits best with your busy schedule(s)!

## Dance

### Term of the Month

#### House

At North Crest, we refer to a dancer's house as the spot that they stand on in the studio. It helps their brains associate that spot with being their 'own'.

# GYMNASTICS

## **Crawling-Walking Returning for 26-27 School Year**

Designed for infants who are crawling, have good head and neck control, or beginning to toddle, this class focuses on whole-body development through active learning and guided play. With support from parents and instruction from our coaches, little ones will build core strength, coordination, visual tracking, and social skills in a safe, supportive, baby-friendly environment.

## **Thank You, Parents!**

Thank you for a wonderful school year! We are so grateful for your support and for sharing your amazing kids with us each week. It has been so fun watching your gymnasts grow in confidence and skill throughout the year. We hope you have a safe and fun summer, and we look forward to seeing you back in the gym soon!

## **Skill of the Month** Lunge

A position where one leg is bent at a 90 degree angle and the other is straight and extended. The body is stretched and upright over the legs

## **Summer Gym Camps**

**Ages 3-6 years:** \$40 each

Barnyard Bounce:

\*Farm inspired

6/30/26 12:30-3:30pm

Toodles' Tumbling:

\*Mickey Mouse Clubhouse inspired

8/26/26 12:30-3:30pm

**Ages 6+ years:** \$40 each

Minions In Motion:

\*Despicable Me/Minions inspired,

bars & floor focused

7/1/26 12:30-3:30pm

Gravity Defiers:

\*Wicked inspired, Vault & Beam focus

8/25/26 12:30-3:30pm

Registration available at  
[www.northcrestkids.com/recreational-gymnastics/](http://www.northcrestkids.com/recreational-gymnastics/)

# TEAM NC

## Stay in touch



@teamnorthcrest



office@northcrestkids.com

## Men's Update

Our Boys Team will be hosting a two-week trial opportunity for boys who are interested in joining our Men's Competitive Team. June 10<sup>th</sup>, 16<sup>th</sup>, and 18<sup>th</sup> from 2:30pm until 5:30pm. This will allow the boys to get a feel for our coaches, their expectations and how a typical practice would look and feel. There will be a required parent and athlete meeting for anyone planning to participate in Boys Team on Monday, June 22<sup>nd</sup>.



## Women's Update

Team North Crest had another special and meaningful month as we celebrated the close of another season together. We celebrated our seniors at their very last practice. It was a bittersweet and heartfelt moment as we honored everything they have contributed to the program and all the memories they've helped create over the years. We are so proud of each of them and grateful for the legacy they leave behind at North Crest. The 2026 seniors we proudly celebrated are:

Olivia marshall

ava peterson

lacy posterick

We are so proud of each of them and everything they have contributed to North Crest. We are heading into a well deserved short break before beginning our summer schedule with new training groups. We are already looking forward to what next season will bring.

# WILD CHEER

## North Crest Wild Cheer: A Busy and Exciting May!

North Crest Wild Cheer had a fantastic and busy month of May! We recently held a wonderful tryout season and are thrilled to announce that we will be entering our 2026-2027 competitive cheer season with 32 athletes across three teams. We are incredibly proud of the growth of our program and excited for the opportunities ahead. This season, we are excited to introduce our newest team, the Falcons, who will be joining our returning teams, the Otters and the Coyotes. We can't wait to see all three teams develop their skills, build friendships, and represent North Crest with pride throughout the season. Are you interested in becoming part of the Wild Cheer family? We are always happy to share information about our program and upcoming opportunities. For more information, please contact Coach Amber at [cheer@northcrestkids.com](mailto:cheer@northcrestkids.com). We look forward to an amazing season ahead. Go Wild Cheer!



Stay in touch

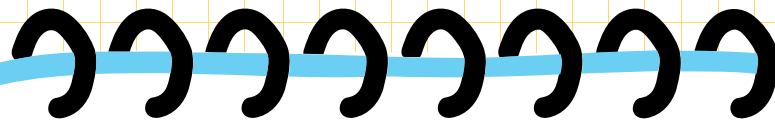


@northcrestwildcheer



[cheer@northcrestkids.com](mailto:cheer@northcrestkids.com)

# DANCE



## Summer Dance Camps

**Ages 3-6 years** \$40 each

Fancy Like Nancy: \*Fancy Nancy inspired  
7/1/26 9:00am-12:00pm

Tails & Twirls: \*Paw Patrol inspired  
8/25/26 9:00am-12:00pm

**Ages 6+ years** \$40 each

Round Up Rhythm: \*Toy Story inspired  
6/30/26 9:00am-12:00pm

Pajamas & Pirouettes: \*Sleepover inspired  
8/26/26 9:00am-12:00pm

Registration available at  
[www.northcrestkids.com/recreational-dance/](http://www.northcrestkids.com/recreational-dance/)

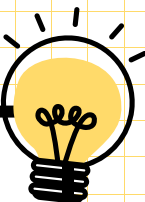
## Summer Focus

This summer your dancers will start during the month of June with a focus on basics and reminding all of our athletes how important a strong basic is to continue to do bigger and harder skills. Basic skills are the building blocks of any sport and dance is no exception.

**As a reminder:** There will be a break from June 29th-July 10<sup>th</sup>. These dates are not accounted for in tuition so makeup dates are not available.

## Don't Forget!

- Summer classes do not require the purchase of dance shoes.
- The following are all appropriate class-wear options: Leotard, compression/tight fitting t-shirt, tight-fitting tank top, shorts, leggings, ballet skirt, and convertible tights.
- Please read through the "Summer Dance Handbook" available on our website at [www.northcrestkids.com/handouts/](http://www.northcrestkids.com/handouts/)



# COMPANY NC

**Our company and pre-company dancers wrapped up an incredible 2025-2026 season. Filled with growth, dedication, and so many special memories along the way. While one chapter has come to an end, the excitement for the next has already begun!**



## 2026-2027 Season!

**We've officially completed auditions and are already underway preparing for our 2026-2027 season. Our dancers will kick off this brand-new journey on June 8<sup>th</sup>, and we couldn't be more excited to see all that this season has in store.**

**We look forward to another year filled with hard work, friendships, laughter, growth, and memorable moments both on and off the stage. Here's to another fun, successful and inspiring season ahead!**

## Stay in touch



@companynorthcrestdance



company@northcrestkids.com

# HAPPY BIRTHDAY!

Help us in wishing these athletes a "Happy Birthday!"

Stop by our front desk the week of your birthday to get a birthday sticker to wear to class!

June 1st

Carly L  
Katelyn P  
Clara S

June 2nd

Darcey B  
Nyomi C  
Wynston L

June 3rd

Fraiya D  
Harper F  
Aubrie F

June 4th

Alexandra D  
Ruby M  
Samantha P

June 5th

Brooklyn J  
Harper M  
Zayna M

June 6th

Aubrielle M

June 7th

Thomas M

June 8th

Maisie B  
Cassius O

June 9

Cade A  
Olivia S  
Cailee Z  
Cora Z

June 11th

Lyla B  
Tobias S

June 12th

Briella W

June 13th

Piper F  
Sutton F  
Kaylee O  
Warren R  
Abitail S. G

June 14th

James G

June 15th

Reagan A  
Estelle D  
Alistair L

June 19th

Blakely B  
Aryka S  
Ryland S

June 20th

Eliana B  
Luke D

June 21st

Clarke L  
Charlotte M  
Phoenix Aurora O  
Zayden P  
Benjamin Z

June 22nd

Eden A  
Michael B  
Etta F  
Max L  
Violet R

June 23th

Remmie G

June 24th

Piper H

June 25th

Hannah H

June 26th

Rylee G

June 27th

Priscilla F

June 28th

Gabriella T

June 30th

Winnie G  
Katelyn L  
Makenzie L  
Lily P  
Amara S  
Abigail S

