RECREATIONAL COMBO HANDBOOK SCHOOL YEAR 2026-2027

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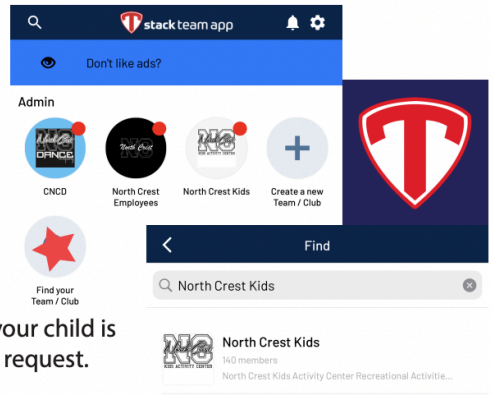
1/ Introduction

It's our privilege to welcome you into our family at North Crest Kids Activity Center. Our team is thrilled to see so many familiar faces return to the building and new faces joining our community. This one-stop handbook will shed light on how things will run throughout the year and answer many questions you may have. While we ask that you take the time to read this information carefully now, remember you can always find our handbook on our website at www.northcrestkids.com and don't forget that our friendly office staff are always here to help and we are only an email away to answer any questions you may have.

TeamApp for Recreational classes

We encourage everyone in a recreational class to sign up for our TeamApp for recreational classes. We will be using this for reminders of days off and special events as well as updates on weather alerts and handouts. It is highly encouraged to join and is all contained on one phone app. Follow the directions below to join.

1. Download "Stack TeamApp" through your phone's app store.
2. Sign in or create an account.
3. Click "Find your team/club"
4. Search "North Crest Kids" and click on the search result.
5. Fill out the application to join the TeamApp.
Remember to choose the proper access group to join based on your athlete's class(es).
6. Click "Submit"
7. Wait.



Once we recieve your request to join TeamApp we will confirm that your child is enrolled in the same class as you requested access to and accept the request.

QUICK REFERENCE STUDIO INFORMATION

Address: 1009 Industrial Drive S, Sauk Rapids, MN 56379
Phone Number: (320) 251-3416
Email: office@northcrestkids.com
Website: www.northcrestkids.com

Recreational Dance Director: Miss Olivia
Email: dance@northcrestkids.com

Recreational Gymnastics Director: Coach Delaney
Email: gymnastics@northcrestkids.com

2 / What do we stand for?

To start us off, it's important to us at North Crest Kids Activity Center that all members of our team share our vision, our purpose and the philosophy that encompasses everything we do both in and outside of our classes. This is a vision that is shared and demonstrated by the directors, coaches, teachers and all staff members at our studio and it is the driving force behind every interaction with our students and their families.

North Crest is a place where creativity and individuality is encouraged and has a community of teachers, students and families. We are passionate about giving our youth community an experience they will treasure, look back on with joy and remember lessons that they learned such as perseverance, time management, and mental strength that will support them well into adulthood. We strive to nurture and develop talent by providing quality programming and celebrating the achievements of all students. We prioritize the development of physical, emotional, and social skills that support the discovery of one's personal excellence. We focus on providing a safe and positive environment in which all students can feel empowered, comfortable and free to express themselves. We wish to protect our youth and what that stands for and therefore we screen our lyrics and limit our athlete's exposure in costuming. We are committed to maintaining the integrity of the art and discipline of dance. For this reason, ballet technique will remain our foundation. Through that foundation, our instructors and choreographers can encourage movement in all styles including ballet, tap, lyrical, contemporary, modern and hip hop as well as inspire a love and appreciation of all styles of dance and the arts. We value integrity, professionalism and family. We listen to our customers and welcome your feedback. We recognize that it is how we grow.

North Crest Kids Activity Center exists to inspire kids to achieve their full potential in the disciplines of dance, gymnastics and cheer by providing quality programming because we believe that all kids can do amazing things when they have someone who believes in them unconditionally!

3/ Registration

Our annual registration fee is $36 per family and will be prorated according to the first month you attend by $3.00 per month. Ex. Oct. $33, Nov. $30, Dec. $27. Summer registration fees will be $12 for new families. This must be paid in full prior to the commencement of classes. Make sure your payment runs in your Jackrabbit Parent Portal. Failure to pay your registration fee on time may result in losing your place in the class.

Registration fees allow for participation in North Crest classes and events for the entire family from September through August. This fee covers administrative and insurance costs incurred for your classes, however, as members your family will receive discounts on many of North Crest's programs including Birthday Parties, Open Gyms, and Parents Night Out.

We encourage all of our students and families to try a variety of classes and we are more than happy to accommodate trial classes as available for existing students who are wanting to try something a bit different. Please contact our office if you would like to try a new class and we will happily schedule you for a trial (provided the class has not reached capacity).

If you find that your child is in a class that doesn't compliment their needs, is too easy or too hard, please let us know at our front desk or via email, office@northcrestkids.com. We have several options and want to see your athlete(s) placed in the correct class(es)!

4/ Communication

By now you have probably noticed that we are BIG on communication here at North Crest Kids Activity Center. It is our promise to respond to all enquiries within 24 business hours. Our friendly office staff can be contacted at (320) 251-3416 between 3:30 and 7:30 M-Th or by email at office@northcrestkids.com. Email is the fastest way to contact us in terms of communication.

You will receive regular newsletters and important information via email so please be sure you have provided the studio with an up-to-date email address that is regularly checked. We are of course happy to include multiple email addresses per family if you would like your correspondence sent to numerous recipients. Don't forget to add our email addresses to your contacts so we don't end up in the dreaded spam folder!
office@northcrestkids.com dance@northcrestkids.com gymnastics@northcrestkids.com

We are also proud to provide you information round-the-clock via our very own North Crest app. You can download Stack TeamApp on any mobile device, tablet and use it on any computer. Just follow the instructions below to get up to date information!

TeamApp for Recreational classes

We encourage everyone in a recreational class to sign up for our TeamApp for recreational classes. We will be using this for reminders of days off and special events as well as updates on weather alerts and handouts. It is highly encouraged to join and is all contained on one phone app. Follow the directions below to join.

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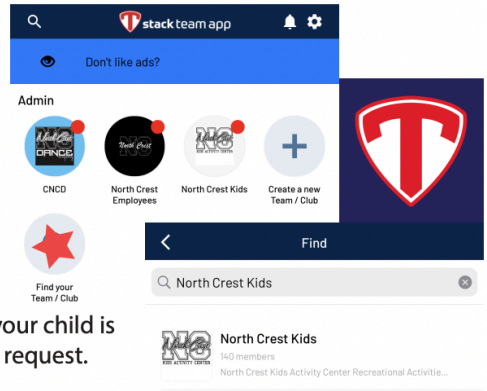
7. Wait.

Once we recieve your request to join TeamApp we will confirm that your child is enrolled in the same class as you requested access to and accept the request.



Social Media is a great way for us to keep in touch with a large number of people at once, so we encourage all families to like and follow our Facebook page 'North Crest Kids Activity Center'.
Also follow us on Instagram at @north_crest_kids
As well as our competitive teams @companynorthcrestdance @teamnorthcrest

We are always happy to chat in more detail about communications you may receive from the studio. If you need any clarification please don't hesitate to email us at office@northcrestkids.com to chat with one of our team members.

5/ Important Dates 2026-2027

We understand wholeheartedly how busy the lives and schedules of our families can get as the year rolls on, so we have tried to get all of our important dates organized and ready for you so you can plan other commitments. Below we have listed some of our most important "Save the Dates" with more information (including times, costumes, requirements, etc.) to be communicated via email, handout and app as we get closer to the events. If you know ahead of time that your family will be unable to attend these events due to planned holidays or existing commitments, please let us know via email at your earliest convenience.

September 8th; 1st day of school session recreational classes

September 13th: 1st School Open Gym; Visit our website for details

October 10th: 1st PNO see northcrestkids.com for full schedule and details.

October 15th-16th: MEA; classes will remain in session

October 31st: Halloween; No Classes

November 1st: Winter Show tickets go on sale at paramountarts.org

November 6th: Final day to turn in the Winter Performance Package. Sheet in packet below.

November 25th-29th: Thanksgiving; North Crest Closed, No Classes

November 27th: Shop Til You Drop- A Specialty PNO 10am-2pm; Visit our website for details and registration

December 22nd-January 3rd: Holiday Break; North Crest Closed, No Classes

January 4th: Classes Resume

January 9th: Winter Show Dance Rehearsal & Performance at the Paramount; More Information in the packet below.

January 11th-15th: No Recreational Dance, post-dance show break

February 5th: Final day to turn in Spring Performance Package. Sheet in packet below.

February 8th-13th: Recreational Gym Picture Week; at regularly scheduled class times

-No Regularly Scheduled Gymnastics Classes

March 1st-6th: Summer 2027 recommendation forms handed out

March 12th: Summer 2027 registration opens

March 23rd-25th: Recreational Dance Picture Week; at regularly scheduled class times (No regular dance classes will be held)

March 26th-28th: Easter; North Crest Closed

May 7th: School Year 2027-2028 registration opens

TBD: Showtime Showdown

TBD: Spring Dance Show Rehearsal & Performance: More information to come.

*This show is a part of our NC Dance curriculum. Participation is expected.

May 17th-22nd: Last week of Recreational classes & Awards week for recreational dancers

June 7th: First Day of Summer Classes

*Be sure to look at TeamApp AND/OR social media for inclement weather closings, updates to the above important dates as well as when our special events such as Parent's Night Out and Open Gyms are happening.

6/ Code of Conduct

To ensure the smooth, safe running of North Crest Kids Activity Center and provide an enjoyable experience for all, below you will find our code of conduct. As always we are open to feedback, so if any of the requirements outlined below are unclear or concerning, please give us a call to discuss further. Following a formal meeting, we do reserve the right to dismiss or take disciplinary action on any students or parents who breach our studio's code of conduct.

Families who do not comply with their fee or costume payment obligations may be charged a late fee, and/or excluded from performances. External debt collection may occur when fees remain overdue and this will be at the expense of the client. Costume expenses are the responsibility of the parent, and costumes will not be issued to students with unpaid class fees.

No classes (including private lessons) or teachers are to be disturbed unless it is an emergency. Parents are not to approach teachers or students during class and if messages or food/drink/medication needs to be passed on to a student, it must be done through a North Crest Kids Activity Center staff member. All parents must wait in the lobby, outside of the studios until classes have been dismissed.

We are unable to take responsibility for our students before or after their scheduled classes and it is the responsibility of the parent to ensure their child is picked up and dropped off on time. In the case of an emergency or unavoidable delay, please contact the studio immediately to inform us of the situation so we can keep your child calm and safe until they can be collected.

Any questions or complaints must go through our front desk or directors – parents and students are not permitted to contact North Crest teachers via phone, or personal email / social networking with studio issues unless it has been broached with the director first. Personal meetings with directors or the studio owner can happily be arranged via the front desk or by emailing a request.

In the rare case of a parent or student showing disrespect or defamation to any parent, staff member or student, a meeting will be called immediately and dismissal may be considered at the discretion of the director. Physical, mental, emotional or cyber bullying by parents, staff or students will not be tolerated and may result in dismissal from the studio.

North Crest Kids Activity Center takes no responsibility for any stolen or misplaced property on the studio premises and we encourage our families to avoid bringing valuable items into the studio when possible.

North Crest management reserves the right to change teachers or timetabling when necessary at any time throughout the year.

Choreography and studio policies remain the intellectual property of North Crest Kids Activity Center and may not be reproduced or sold by any students, parents or staff without permission of the directors.

Please read your child the dance studio rules below prior to your first day of classes.

NORTH CREST DANCE STUDIO RULES:

1. Dancer's need to wear tight fitting apparel with no midriffs showing. Keeping the same dress code building wide ensures ease of transition from dance to gymnastics or vice versa.
2. Dancers need to stay with their instructors during class.
3. If a dancer's ride is not here when class is over, they should find their instructor to call their ride or to wait with until their ride arrives.
4. Be sure to use the restroom before class starts. If you do have to use the restroom, let your instructor know.
5. Only one dancer can leave the studio at a time, except in case of emergencies.
6. Please keep your hands to yourself.
7. No disrespectful or hurtful words are allowed in the studio.
8. It is best for the dancers when parents view class from outside of the studio.
9. We prefer labeled and leak-proof water bottles in class.
10. Proper dance shoes should be brought into the studio in a bag or bin at the start of class. Instructors will help dancers change shoes (when applicable).
11. Only water is allowed in the dance studio. Food and other beverages need to stay with a Parent/Guardian.

Discipline Policy

1st Warning- Verbal reminder will be given to the dancer.
2nd Warning- Dancer will be asked to sit out for 3 minutes, instructor will communicate with a parent/guardian after class.
3rd Warning*- Dancer will be asked to take a break outside of the studio and will be welcomed back after they are able to reset their behavior.
They may be asked to sit behind our front desk if a parent/guardian is not in the lobby.

***** Reoccurring issues will result in an email communication with a request for a meeting.

North Crest Sweet Pea Gym Rules

1. Gymnasts need to wear tight fitting apparel with no uncovered midriffs. No jewelry, skirts or flowy materials are allowed, and hair should be pulled back and secured.
2. Gymnasts need to stay with their instructors during class and are not allowed to leave the gym without instructor permission.
3. If a gymnast's ride is not here when class is over, they should find their instructor to call their ride or to wait with until their ride arrives.
4. Be sure to use the restroom before class starts. If you do have to use the restroom, let your instructor know.
5. Only one gymnast can leave the gym at a time, except in case of emergencies.
6. Please keep your hands to yourself.
7. No disrespectful or hurtful words are allowed.
8. We recommend bringing a labeled water bottle to class.
9. Only water is allowed in the gym. Food and other beverages need to stay in the hall.
10. Parents are not allowed in the mini gym without prior permission from the teacher or during parent tot classes

Discipline Policy

1st Warning- Verbal reminder will be given to the gymnast.
2nd Warning- Gymnast will be asked to sit out for 3 minutes, instructor will communicate with a parent/guardian after class.
3rd Warning*- Gymnast will be asked to take a break outside of the studio and will be welcomed back after they are able to reset their behavior. They may be asked to sit behind our front desk if the parent/guardian is not in the lobby.

***** Recurring issues will result in an email communication with a request for a parent/guardian to remain in the building for the next 30 days during classes.

North Crest Big Gym Rules

1. Gymnasts need to wear tight fitting apparel with covered midriffs. Jewelry, tights, skirts and flowy material are not allowed, and hair should be pulled back and secured.
2. Gymnasts need to stay with their instructors during class.
3. If a gymnast's ride is not here when class is over, they should find their instructor to call their ride or to wait with until their ride arrives.
4. Be sure to use the restroom before class starts. If you do have to use the restroom, let your instructor know.
5. Only one gymnast can leave the class at a time, except in case of emergencies.
6. Please keep your hands to yourself and be respectful of others' personal space.
7. No disrespectful or hurtful words are allowed in the gym.
8. Parents are not allowed inside the gym.
9. We recommend bringing a labeled water bottle to class.
10. Only water is allowed in the gym. Food and other beverages need to stay in the hall. No gum is allowed in the gym.

Discipline Policy

1st Warning- Verbal reminder will be given to the gymnast.
2nd Warning- Gymnast will be asked to sit out for 3 minutes, instructor will communicate with a parent/guardian after class.
3rd Warning*- Gymnast will be asked to take a break outside of the studio and will be welcomed back after they are able to reset their behavior. They may be asked to sit behind our front desk if the parent/guardian is not in the lobby.

***** Recurring issues will result in an email communication with a request for a parent/guardian to remain in the building for the next 30 days during classes.

In the case of violent behavior or inappropriate touching, we will adjust this policy accordingly.

7/ Available Classes

It Takes 2 Pea is a great class for our 2-3 year olds. This introduction to ballet and jazz uses creative, imaginative role-playing and fun dance basics. This class may involve pretending to be animals, playing instruments to learn rhythm, learning balancing, skipping and running and techniques using ribbons, or picking up “diamonds” (shhh...they’re actually just feathers) from the ground to develop their hand-eye coordination. This class is suitable for all who are having kids. They’ll be having so much fun that they don't even realise that they are learning the fundamentals of dance technique along the way. This class includes 20 minutes of dance and 20 minutes of gymnastics with an adult (at least 16+).

Dance Movement 1 - 3 Pea Gym AND Dance Movement 1 - 4 Pea Gym is a class for our older preschoolers who are 4 years and about to get ready to start Kindergarten. The music for this class is fun and familiar to them. We do some warming up, stretching, progressions across the room (including skips, kicks and jumps), super fun basic tap skills and counting. They will learn steps including toe-heel, heel-toe, stamps and shuffles as well as making as much noise as they can in our fun, safe and educational environment. Dancers will alternate between Jazz and Tap every other week while learning the basis of dance and movement. Our Sweet Peas 3, 4 & 5/6 classes are structured around an appropriate curriculum for boys and girls 3 to 6 years old. Our preschool coaches will lead the class in warm-up/stretch and lead the class around our many circuits. The circuits cover vault, bars, beam, and floor, plus tramp. The gymnasts will work on large motor skills, body awareness and basic gymnastics skills. Skills learned will prepare your child to move up into the next level, and eventually the big gym!

Ballet/Tap 2 - 5/6 Pea Gym in this class students would be reviewing and learning the basics of tap and ballet technique as well as building on their sense of rhythm and their confidence when it comes to performances. Dancing to popular, age-appropriate music and getting LOUD! Appropriate for the age of 5 years. Our Sweet Peas 3, 4 & 5/6 classes are structured around an appropriate curriculum for boys and girls 3 to 6 years old. Our preschool coaches will lead the class in warm-up/stretch and lead the class around our many circuits. The circuits cover vault, bars, beam, and floor, plus tramp. The gymnasts will work on large motor skills, body awareness and basic gymnastics skills. Skills learned will prepare your child to move up into the next level, and eventually the big gym!

Ballet/Tap 2 - Girl’s Beginner Gym in this class students would be reviewing and learning the basics of tap and ballet technique as well as building on their sense of rhythm and their confidence when it comes to performances. Dancing to popular, age-appropriate music and getting LOUD! Designed for gymnasts ages 6 with a focus on foundational gymnastics. Areas of focus include: gym and apparatus safety (including safe stretching, landing and falling techniques), learning gymnastics terminology, shapes and concepts, and body awareness. Mastery of this level will rely on completion of Beginner level skills along with class performance and attitude, listening skills, and understanding of basic concepts of the sport.

Jazz/Hip Hop 2 - 5/6 Pea Gym students are building on the basics of jazz and hip hop technique to popular and age appropriate music. Some examples of the techniques these students will learn include turns, kicks, leaps and body isolations. Appropriate for the age of 5 years. Our Sweet Peas 3, 4 & 5/6 classes are structured around an appropriate curriculum for boys and girls 3 to 6 years old. Our preschool coaches will lead the class in warm-up/stretch and lead the class around our many circuits. The circuits cover vault, bars, beam, and floor, plus tramp. The gymnasts will work on large motor skills, body awareness and basic gymnastics skills. Skills learned will prepare your child to move up into the next level, and eventually the big gym!

Jazz/Hip Hop 2 - Girl’s Beginner Gym students are building on the basics of jazz and hip hop technique to popular and age appropriate music. Some examples of the techniques these students will learn include turns, kicks, leaps and body isolations. Designed for gymnasts ages 6 with a focus on foundational gymnastics. Areas of focus include: gym and apparatus safety (including safe stretching, landing and falling techniques), learning gymnastics terminology, shapes and concepts, and body awareness. Mastery of this level will rely on completion of Beginner level skills along with class performance and attitude, listening skills, and understanding of basic concepts of the sport.

8/ Safety

With the safety of our families a number one priority, North Crest Kids Activity Center is very serious about upholding Child Protection laws and policies within the studio as well as at performances and in the online arena (website and social media).

As part of your registration, you will have read and signed a media waiver allowing us to proudly use images and video footage of your student for advertising and promotional purposes. Should you have any concerns whatsoever with signing this declaration, please email our reception staff who will happily assist you.

You will also find within our enrollment paperwork that you signed a public liability / insurance statement. Please read this document carefully so we ensure that you fully understand the rights and responsibilities of your family and our studio.

We have a number of viewing windows within the studio rehearsal space which can be checked by parents and family members from the comfort of our lobby. We ask kindly that you do not tap on these windows and keep communication to kids to a minimum. These disruptions can cause further distractions to other class members and your own child.

North Crest is a proud member of the Dance Awareness Coalition.

What We Do:
DA:NCE Awareness provides education and promotes awareness to end the hypersexualization of children in dance.

The Problem:
In dance experiences, children are increasingly being hypersexualized by adult sexuality inside and outside the dance studio. This can be seen in; The costumes they are being made to wear in dance competitions and performances. The choreography they are being made to perform. The music they are being made to dance to. These practices expose them to adult content before they are ready and set them up for problems and potentially harmful situations as children and later in life.

How We Help:
We raise the alarm that this is a problem and empower parents and adults to take action. The Dance Coalition provides free resources, research, and information for those who want to learn about the harms of hypersexualizing children. To Find these resources or get more information please visit www.danceawareness.com

The directors and staff at North Crest are educated in the negative impact of inappropriate music and costume selection when it comes to dance and are wholeheartedly committed to ensuring children in all of our dance classes are not subjected to any inappropriate songs, costuming or choreography. We recognize that songs with sexist, explicit, violent, racist, homophobic or criminal content create sensitivity for our dancers and/or audience and strive to avoid such music. We are committed to restricting costumes and choreography that project sexuality, contain explicit graphics or textual content.

North Crest Kids Activity Center takes no responsibility for any stolen or misplaced property on the premises and we encourage our families to avoid bringing valuable items into the facility when possible.

9/ Privacy

When you work with North Crest Kids Activity Center the information we may collect from you includes your name, address, telephone number(s), email address(es), medical information and credit card details. It also includes details of the products and services we provide to you as well as the status of your enrollment. We only collect information directly from our students or their parents/guardians primarily for the purpose of providing services and products to you and to administer and manage invoicing and debt collection.

We may occasionally use your information to promote information to you which we consider may be of interest to you unless you contact us and tell us not to do so.

We will never sell or pass on any of your information to third parties unless required by government authorities or in the event of debt recovery. Any information passed on will be done so with appropriate privacy and confidentiality protection.

Information is stored securely in paper or electronic form and is accessible only by authorized personnel.

If you would like to know what information we hold about you or wish to update the information, or if you wish to be removed from all further direct marketing communications, please contact our office via email at office@northcrestkids.com.

10/ Social Media

North Crest Kids Activity Center's Social Media Policy refers to all social networking sites, video/photo sharing sites, blogs, micro-blogs, wikis, podcasts, forums, instant messaging and geo-spatial tagging (for example, Facebook check-ins). Please see below for our regulations regarding Social Media and feel free to contact our office staff if you have any questions.

- Please remember that your anonymity on Social Media is never guaranteed and to exercise particular caution when posts, images or videos identify children in your care.

- Remain mindful that your behaviour on Social Media remains in keeping with North Crest Kids Activity Center's code of conduct as outlined in section 6 of this handbook.

- Any comments or posts perceived to be obscene, defamatory, threatening, harassing, discriminatory or hateful towards North Crest Kids Activity Center's staff, students or families may subject the owner to disciplinary or legal action.

- Should you wish to engage on Social Media while identifying as a North Crest participant or employee, you may only do so with integrity, respect, and adhere to privacy and confidentiality policy.

- Any content revealing or referring to sensitive information regarding North Crest is not allowed to be shared online.

- While affiliated with North Crest, (for example, images of your child in North Crest apparel) we will not tolerate any posts that are racially, sexually, physically or religiously offensive.

- All matters pertaining directly to North Crest - whether it be fees, scheduling, placements or performance opportunities - may not be communicated via Social Media. We have an open door policy and encourage all communication, complaints and feedback to be communicated to the program director or owner directly.

- We discourage parents / students and teachers from becoming 'friends' or 'followers' on Social Media, unless there is an existing relationship. We consider all North Crest members to be family and as such feel the obligation to respect and monitor personal boundaries.

- You may not post photographs / videos that feature North Crest athletes other than your own online without the proven consent of their parent/guardian.

- Identifying information of any featured minors - including names, ages or location - must be removed when posting on Social Media.

11/ Costs

It is required that you supply a credit or debit card when registering for classes (bank accounts are unable to be run by our system). This card will be kept on file, however, due to federal laws and for your safety, no one will be able to view your information, including employees. The information is stored in the software and only the last 4 digits are viewable. The card will be charged for your annual family membership fee and monthly installment. Bank accounts are unable to be charged at this time and card information is required.

Payment for classes is due the 15th of the month prior to the month of service (Homeschool families, Team gymnasts and Company dancers will be charged on the 1st of the month). Be aware, if you register on or after the 15th, you may be charged your registration fee, your prorated first monthly installment and your second monthly installment, as it would be due at that time. You may pay installments via cash or check before the 15th of the current billing month to avoid having your credit card charged (end of the month for competitive gymnasts and dancers).

Coupons or gift certificates must also be presented to the front desk prior to the 15th of the month. NOTE: We can only accept one tuition coupon per month. If your payment has not been received, your card on file will be charged for any remaining balance on the 15th or the closest business day (1st for competitive gymnasts and dancers). If your current card expires prior to the month of June, we recommend putting a reminder on your phone to update the card in the system prior to its expiration.

If your card has expired or declined and payment is not received by the 25th you may receive a $35 late fee. If payment has not been received by the end of the month prior to service you may be asked to visit our front desk to make payment arrangements before your child is allowed to attend their class. We encourage you to check your jackrabbit parent portal monthly to ensure your payment's are going through. We do our best to catch these, however sometimes these are missed.

Installments for classes are billed monthly.

(Aug. 15th, Sept. 15th, Oct. 15th, Nov. 15th, Dec. 15th, Jan. 15th, Feb. 15th, Mar. 15th, Apr. 15th, May 15th, Jun. 15th & Jul. 15th)

Costume charges are expected for Nov. 9th and Feb. 8th.
Please see the next page for information regarding these charges.

11/ Costs Continued

The price of costumes, show t-shirts, videos, live action photos and picture day photos are not included in your tuition. These are an additional cost paid for by you. Costumes are necessary to participate in performances and spring costumes are necessary to participate in class photos in the spring.

Your dancer's costume for the Winter show will be a branded North Crest leotard, dress, compression shirt. As we try to make this performance opportunity affordable for you, performance apparel is kept to something your dancer can continue to wear for dance or gymnastics.

Your dancer's costume for the Spring show will be a more traditional costume. Think sequins, tutus, and fun colors! We really go all out to make each class excited about their costumes.

For both performances we have show t-shirts for your dancers! The Winter show shirt has the show logo and year on the front while the Spring show shirt includes a show logo on the front, as well as the names of all participants on the back. These shirts will become treasured memories in your dancer's experience.

We pride ourselves on bringing in a professional photographer and videographer so that you get all the memories you can imagine while still enjoying the shows in real-time. Videos are given on flash drives so that you can save them to your computer and share with friends and family near and far. Photos are shared via email and are yours to download and share as you see fit!

With all of these options, you might be thinking "That must cost an arm and a leg?!" However, we thought of that too! All of the above items are sold in a package so that it's easy to purchase. Able to do the spring show but not winter? No worries! Able to do both shows? You'll receive a free Memory Mate of your dancer and their class come picture week (a $25 value!).

Winter Show Package: $90 (NC Leotard, Show Shirt, Video & Photos)
Spring Show Package: $130 (Costume, Show Shirt, Video & Photos)
*Families with multiple siblings in recreational dance receive a $10 discount on each additional sibling due to only needing 1 show video.
We honor our committed customers that performed with us during both the winter and spring performances with a FREE MemoryMate ($25 value!) during picture week.

Winter Show tickets can be ordered at www.paramountarts.org, prices and ticketing fees are determined by the Paramount Theater, however, they normally run between $15 and $18. There is an option for $5 tickets for children under 2 years. These tickets will go on sale on November 1st, 2025. Due to fire code, a ticket must be purchased for anyone entering the theater, this includes small children. Lap seating is not permitted per Paramount policy.

Spring Show tickets will go on sale April 13th at 3:00pm and will be sold at the North Crest front desk. Tickets are $15-$18 each with an option for $5 tickets for children under 2 years. Do not plan for tickets to be available for purchase the day of the show. Due to fire codes at SR-R Middle School, lap seating is not allowed. Please plan accordingly.

No outside food or beverages are allowed at the winter or spring show, however, the Paramount will sell snacks and beverages at our winter show. Flowers will be for sale (cash only) by the North Crest Performance Dance Club at both performances.

Winter Rec. Performance Package: Due November 6th, 2026
*PLEASE FILL OUT ONE SHEET PER DANCER

Dancer's Name: _____
Dancer's Class, Day & Time: _____

Winter Show Videography:

Videos will be given on a flash drive.
*Families may reduce any additional performance prices by $10 if they wish to only receive one flash drive.

Winter Show Live Action Photographs:

Photos will be sent to the email address listed on your dancers Jackrabbit account.

Winter Show T Shirt: 1 included

Please mark size(s) for included shirt and any extras.
$15 each will be added for extra shirts.

CXS ____ CS ____ CM____ CL____ CXL ____
AS____ AM____ AL____ AXL____ A2XL (+$3)____
A3XL (+$3)____ A4XL (+$3)____ A5XL (+$3)____

Performance Package Payment

Performance Package	$90
Sibling Video Discount (-$10)	-$____
Extra T-Shirt Total *1 included* ($15x__)	+$____
	Total $_____

Cash [ ] Check [#] CC (on file) [ ] CC (new) [ ]

For office use only: Charged [ ] Fee entered [ ]

- Detach bottom for you to keep!- -

Winter Show Ticket Information

Tickets will go on sale starting November 1st and are sold online at, **paramountarts.org**
These WILL NOT be available at the North Crest Front Desk.
Tickets are $18 each (this does not include the Paramount's $3 ticket surcharge).
Tickets for children 0-2 years and under will be $5.
Do not plan for tickets to be available for purchase the day of the show.
Due to fire codes at the Paramount, they do not allow lap seating. Please plan accordingly.

Spring Rec. Performance Package: Due February 5th, 2027

***PLEASE FILL OUT ONE SHEET PER DANCER**

Dancer's Name: _____

Dancer's Class, Day & Time: _____

Spring Show Videography:

Videos will be given on a flash drive.

*Families may reduce any additional performance prices by $10 if they wish to only receive one flash drive.

Spring Show Live Action Photographs:

Photos will be sent to the email address listed on your dancer's Jackrabbit account.

Spring Show T Shirt: 1 included

Please mark size for included shirt and any extras.
$20 each will be added for extra shirts.

CXS ____ CS ____ CM____ CL____ CXL ____
AS____ AM____ AL____ AXL____ A2XL (+$3)____
A3XL (+$3)____ A4XL (+$3)____ A5XL (+$3)____

Performance Package Payment

Performance Package	$130
Sibling Video Discount (-$10)	-$____
Extra T-Shirt Total *1 included* ($20x__)	+$____
	Total $_____

Cash [ ] Check [#] CC (on file) [ ] CC (new) [ ]

For office use only: Charged [ ] Fee entered [ ]

12/ Attendance

Your child's attendance in class is very important to their peers and our coaching staff. As a member of the team, it is a commitment for you to ensure your child attends their classes on time each week and attends all lessons planned for them. Not only do absences impact the routines we create, it also impacts the social and confidence-building principals we work hard to foster in each age group.

If you know ahead of time that your child will be absent due to holidays/vacations, commitments or school trips, please let us know ahead of time so the class impact is minimal. If your child is too unwell to attend class, we ask that you inform our team as soon as you can so they can let the teachers know and preparations can be made to catch up on any missed work.

Unfortunately, we are unable to accommodate make-up sessions for students who miss classes, however, we do offer open gym/open studio coupons as long as we are notified about the absence prior to the class. Open gym/open studio coupons are good for 3 months from the date of the missed class.

Inclement weather statement: Because we have students from many areas and several school districts, we do not follow any one school's decision to close due to inclement weather. Please consult our important dates calendar, watch your email, TeamApp, social media and our website at www.northcrestkids.com for any closings or weather related announcements. Tuition will not be adjusted for absences or missed classes due to inclement weather or other unforeseen circumstances such as power outages, however open gym coupons will be distributed to make up for the missed class(es).

13/ Discontinuation policy

Please understand that the program you are registering for is a year long program that is broken into monthly installments for payment. The school year schedule is billed monthly beginning on August 15th for classes running September through May. The summer schedule of June, July and August requires re-enrollment and is billed May 15th, June 15th and July 15th. **You MUST give a written notice before the 15th of the month prior to the month of service in order to drop the program and thereby eliminate your tuition responsibility.** Tuition will not be adjusted for discontinuing classes mid-month. Team gymnasts and Company dancers are required to give one month's notice prior to their last billing cycle.

14/ What to Wear

At North Crest Kids Activity Center, we believe that when you dress the part you feel the part. With that being said we ask that all dancers follow our apparel guidelines to ensure a safe and educational environment.

Tighter fitting athletic apparel that stretches with your dancer is always best for all athletes. This allows the instructor to see a dancer's form and body position so that proper corrections can be made. We ask that midriffs are always covered. Keeping the same dress code building wide ensures ease of transition from dance to gymnastics or vice versa.

<u>The following are all appropriate dance class-wear options:</u> Leotard, compression/tight fitting t-shirt, tight-fitting tank top, shorts, leggings, ballet skirt(removable for gymnastics), and convertible tights(foot must come off/up for gymnastics).

An annually themed class apparel order will be available for a limited time at the beginning of our school season with limited supply, so be sure to watch for communication as this is often a highlight for our students.

Our pro-shop sells a variety of apparel items that will meet all of your class needs. This includes leotards, shorts, compression shirts and athletic shorts. If you do not find what you need in our proshop, many apparel options are available for order at very reasonable prices. Please inquire at our front desk for more information.

15/ What to get for class

Style-specific requirements are as follows:

It Takes 2- Female students will need pink ballet shoes and male students should have black ballet shoes. These can be purchased at our pro-shop. Females will also need pink tights for our spring recital. Tights are not required for class.

Dance Movement- Black slip on jazz shoes and black tap shoes are required. All of which can be purchased from our pro-shop. Females will also need pink tights for dance shows. Tights are not required for class.

Ballet/Tap- Female ballet/tap students must have pink ballet and black tap shoes and male ballet/tap students must have black ballet and black tap shoes. All of which can be purchased from our pro-shop. Females will also need pink tights for dance shows. Tights are not required for class.

Jazz/Hip Hop- Black slip on jazz shoes and black tennis shoes are required. All of which can be purchased from our pro-shop. Females will also need tan tights for dance shows. Tights are not required for class.

Our pro-shop sells a variety of shoes, clothing and other apparel items that will meet all of your class needs. This includes tights, leotards, shorts, compression shirts, athletic shorts, dance skirts, ballet shoes, jazz shoes, tap shoes and hip hop shoes. If you are in a Jazz/Hip Hop class, black tennis shoes with white soles can be purchased at many local and online stores. Please avoid shoes with color on them as we want the shoes to be completely neutral. If you do not find what you need in our proshop, all shoes and many apparel options are available for order at very reasonable prices.

16/ What to Bring

Your dancer will need a small bin or bag of your choice to store their dance shoes in. This could be a plastic or cardboard box, a small backpack, sling sack or small duffel bag. We recommend keeping this small so that it does not collect clutter. Please label this clearly so that if it's left behind we can identify who it belongs to!

They will also need a labeled spill proof, plastic or metal water bottle (no glass please). When water bottles are labeled we can easily return them to athletes if left behind. We have a drinking fountain in the lobby that athletes can use, however, this does take away from class time and is not recommended.

17/ What to Expect

Please bring your child to class in the proper attire, with a smiling face, and a pre-practice bathroom break. Please explain to your child that they can ask if they need to go to the bathroom, but it is best if they can go before or after their class, so they don't miss out on the fun or the instruction time!

Street shoes are not allowed in the dance studio as they get floors dirty and then dance shoes dirty. Shoes and socks are not allowed in the gym for the safety of the gymnasts and to protect the condition of our equipment. Please make sure your belongings are together and with a parent or in the cubbies by the bathrooms. Please do not leave belongings in the main lobby or by the studio door.

All of our instructors follow a monthly lesson plan that includes a warm up, stretching, technique, games, skills, and routines. Instructors will engage with all students in a positive and affirmative manner while giving them quality instruction. The class will always begin with attendance, so please be on time. The class will always end with encouraging words, stickers, and parent communication (whenever possible)

If you have a young athlete and they are nervous for you to leave during class, don't worry. We handle this often. Do not be embarrassed; many children go through anxiety of some sort in a new environment. Let us help you! <u>If you need to come inside the studio/mini gym during the first or second week of class, please know you are welcome to sit by the back door and allow your child to sit near you or on your lap. We will include them gently until they are ready to fully participate.</u> Don't feel you are wasting your time, our time or your child's time, we know that children still learn a great deal through observation. If you take the time to help ease your child into class, the benefits will be well worth it and your child will feel great about their accomplishment! Please note; we do ask that you remove street shoes prior to entering the studio.

If you have a child in the big gym who is nervous or having problems going into the gym, while we cannot allow parents into our big gym, we will be happy to work with you to figure out what the problem is and help find a way to move forward. Each child is different and we have many options and solutions to try and help our athletes feel comfortable.

As a parent or guardian your role is to be your athlete's cheerleader! Encourage and support them through the process of learning to dance and gymnastics. Watch their "routines" when they are eager to perform what they have learned in classes. Remember to join us on TeamApp, check your child's bin/bag for important handouts each week and keep an eye on your email for important announcements frequently; these are our primary sources of communication with parents and families.

18/ Performance Opportunities

At North Crest, dancers are encouraged to participate in two performances*, one in the winter and one in the spring, although dancers are only expected to participate in the Spring Performance. All dances for the winter show are included in the curriculum we cover. Even if your dancer doesn't participate in the winter show they will learn the dances being performed.

*It Takes 2 Pea dancers are only asked to participate in the spring recital. An adult over 16 is required to join them on stage.

The Winter Performance is a dance production that features our Company North Crest Dancers. All recreational dance students are invited to perform as guests in two dances. All recreational dancers in each style & level will dance together.

> **Ex.** All Ballet/Tap 1 classes will combine and dance on stage together for a separate ballet dance and a tap dance.

2027 Winter Dance Show Information

Rehearsal for recreational dancers will take place January 9th at the Paramount at 1:30pm
The performance will take place January 9th at the Paramount at 4:00 pm

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Rehearsal January 9th: Paramount Theater 1:30pm

All dancers will arrive at 1:30pm.
This rehearsal is MANDATORY for all Winter Show participants.

Please arrive in costume.
They will need ballet/tap, jazz/hip hop or jazz/hip hop/tap shoes.
More information about hair and makeup will be given along with costumes.
Please provide a non-messy snack and spill proof water bottle. Keep in mind sticky items are tricky with small kids. We ask for no peanut products please.

Performance January 9th: Paramount Theater 4:00pm Show

Tickets available November 1st at paramountarts.org

18/ Performance Opportunities Continued

The Spring Performance is a dance show that highlights and showcases our Recreational Dancers. They will perform in three dance numbers at this show. We keep group numbers on stage to 12 so that all dancers are able to show off how special they are! Company North Crest will also perform several numbers; however, this show is focused on our recreational performers. The spring performance rehearsal takes the place of your final class for the month of May and choreography is again included in the curriculum. All dancers are expected to participate in the spring recital. Performance is a large part of dancing and many students thrive off of the idea of putting on a costume and getting in front of an audience.

*It Takes 2 Pea dancers are only asked to participate in the spring recital. An adult over 16 is required to join them on stage.

18/ Performance Opportunities Continued

Showtime Showdown is an annual NC event and functions like a mock meet. It will be held in our big gym. All recreational gymnasts (3 Pea and up) learn 'routines' during class leading up to Showtime. The gymnasts will go through rotations on each event just like a real meet would run. Showtime Showdown is an element of our gymnastics program and considered to be an important part of the curriculum. The gymnast and spectator fees are necessary to cover expenses for this event. There will be emails, handouts and flyers given in the months leading up to Showtime, with the session times for different levels and classes.

*Crawling to Walking, Walking to 2P and It Takes 2 Pea athletes will not participate in Showtime Showdown. Instead we will have a week where we encourage adults to take photos/videos in class to share their athlete's progress with their family & friends.

19/ Picture Week

Recreational gymnastics pictures for the 2026-2027 season are February 8th-13th, 2027. Gymnasts will be taking class and individual pictures in their favorite gymnastics outfit. There will be no gym classes this week.

Recreational dance pictures for the 2026-2027 season are March 23rd-25th 2027. Dancers will be taking class and individual pictures in their spring performance costumes. There will be no dance classes this week.

Our pictures are done in house during your regular class, day and time. You will receive more information as the date gets closer. Please plan on arriving with your dancer in their costume at the beginning of your scheduled dance class time with hair and makeup as you feel appropriate.

20/ Awards Week

It is our mission to have your family be a part of North Crest from the beginning of your child's dance career until the end. We like to recognize and celebrate our dancers for their completion of each season with us. During the last week of class in May they will receive a ribbon/trophy and parents will be invited in to celebrate and take photos. Dancers who are with us for 5, 10 and 15 years receive a commemorative trophy in lieu of their ribbon for the year.

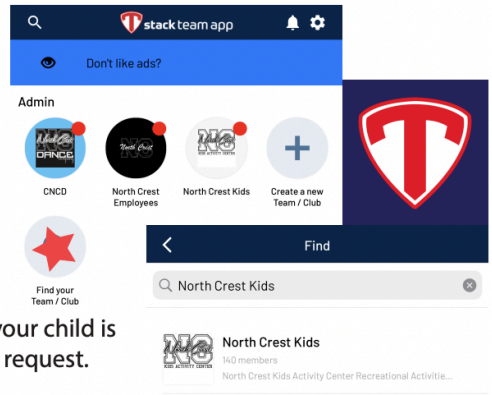
21/ Outroduction

Thank you again for choosing our family at North Crest Kids Activity Center. Our team can't wait to begin making many memories together. Remember you can always find our handbook on our website at www.northcrestkids.com and don't forget that our friendly office staff are always here to help and we are only an email away to answer any questions you may have.

TeamApp for Recreational classes

We encourage everyone in a recreational class to sign up for our TeamApp for recreational classes. We will be using this for reminders of days off and special events as well as updates on weather alerts and handouts. It is highly encouraged to join and is all contained on one phone app. Follow the directions below to join.

1. Download "Stack TeamApp" through your phone's app store.
2. Sign in or create an account.
3. Click "Find your team/club"
4. Search "North Crest Kids" and click on the search result.
5. Fill out the application to join the TeamApp.
Remember to choose the proper access group to join based on your athlete's class(es).
6. Click "Submit"
7. Wait.



Once we recieve your request to join TeamApp we will confirm that your child is enrolled in the same class as you requested access to and accept the request.

QUICK REFERENCE STUDIO INFORMATION

Address: 1009 Industrial Drive S, Sauk Rapids, MN 56379
Phone Number: (320) 251-3416
Email: office@northcrestkids.com
Website: www.northcrestkids.com

Recreational Dance Director: Miss Olivia
Email: dance@northcrestkids.com

Recreational Gymnastics Director: Coach Delaney
Email: gymnastics@northcrestkids.com